

**Titel: CAPABLE: innbyggerstyrt, aktiv bruk av egen digital helseinformasjon**

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**Resumé:**

In this contribution to subtopic “det nære e-sundhedsvæsen” I will share the core idea of the *CAPABLE* project, and discuss experiences from ongoing efforts to understand user perspectives when developing eHealth services that seek to actively engage and empower the citizen.

Our ambition is to offer a personalized and universally designed digital tool that encourages and enables citizens to utilize personally relevant health information in an active and safe, confidential, transparent and secure way. We will demonstrate this approach in services for *medication, nutrition, and coordination of health service information*. To elaborate on a “borgerdrevet perspektiv”, our R&D challenges can contribute empirically to understand what stakeholders find as reasonable trade-off between usability & accessibility, digital health literacy, interoperability, privacy, integrity and security as well as trust and safety.

Most citizen centered solutions, including “national core record” and “patient medication list” allows citizen to read subsets of their personal health information. The EU General Data Protection Regulation on Data Portability (GDPR) has afforded European citizens the right to request a digital copy of all digitally stored information about themselves – including health information. Our approach can enable use of this new right in novel and innovative ways, supporting the citizens, who wish, to collect and curate health information in a safe and secure way, and share with formal / informal caregivers of their choice. Therefore, the CAPABLE approach can represent a step forward to a citizen centered health system and exemplify innovation in digital health where citizens play an active role, using health information, mindful of preferences and adapted to their capabilities.

**3 budskaber som deltagerne kan forvente at få med fra oplægget**

1. importance of health literacy, eHealth literacy and universal design in citizen centered digital service
2. opportunities to unleash potentials in active citizen participation to meet future health systems challenges.
3. opportunities and challenges with new rights, e.g., GDPR, for active use of personal health data.